

Tualatin Youth Basketball Association

2021-2022 COVID 19 Return to Play Safety Plan

TYBA is dedicated to protecting the health and safety of all participants. The purpose of this document is to provide athletes, parents, coaches and other stakeholders with information they can use to assist them with league play protocols in the context of COVID-19. Our procedures, policies, and responsibilities rely upon rules and regulations set forth by public health authorities.

Compliance Roles and Responsibilities

TYBA Responsibilities:

- Monitor Tigard-Tualatin School District guidance, which in turn is based upon guidance from Oregon Health Authority, Oregon Department of Education, and Washington County Health Authority. Report updates to teams.
- Publish all relevant materials including this operational plan on the TYBA website.
- Send emails to teams and coaches about all league protocols, policies, and expectations around practices and game days.
- Publish a Health and Exclusion Policy for Covid-19 cases and Covid-19 exposure.
- Ensure that all participants and volunteers comply with indoor spacing and masking requirements
- Immediately notify TTSD about any reported Covid-19 positive test in our program and those participants that were within close contact of that individual. Close contact or exposure is considered to be within 6' for more than 15 minutes accumulated over a 24 hour period.

Coaching Staff Responsibilities:

- Review TYBA Return to Play Plan with respective parents and players prior to the first practice.
- Ensure that players and team's spectators are following the guidelines and rules of the court you are playing on.
- A properly worn mask must be worn at all times when you are with your team. Have an extra face covering in case your face covering breaks.
- Maintain physical distance requirements from players based on state guidelines and local health requirements.
- Immediately notify TYBA in the event that you or a player on your team has tested positive for Covid-19 or is exhibiting symptoms and is awaiting testing.
- Maintain a player/parent roster for every practice and game (home and away).
- Perform temperature checks and daily health assessments prior to each practice.

Parent Responsibilities:

- Keep player at home if they have any Covid-19 like symptoms. Players are not allowed to practice or play a game if they did not attend school that day for any health reason.
- Ensure the player has a properly-fitted 3 layer mask for all practices and games.
- Immediately notify your coach in the event that your child tests positive for Covid-19 or is awaiting test results or has been exposed to COVID-19 from anywhere else.
- Exposure is defined as within 6' for more than 15 minutes accumulated over a 24 hour period.
- Players quarantined from school are required to not participate in any activities for 10 days from exposure date.
- To minimize contact during drop-off and pick-up for practices, parents/drivers should remain outside the building to wait for their children.

Player Responsibilities:

- Complete daily health assessment before each practice and game.
- A properly worn mask must be worn at all times when you are not actively participating in the game. (ie.- on the bench).
- Face shields and vented masks are not allowed as a face covering for safety reasons; masks must be approved 3-layer.
- Stay home if you are experiencing any Covid-19 like symptoms.
- Have an extra face covering in case your face covering breaks or becomes too wet.
- Maintain 6 feet of physical distancing at all times when not participating in the game.
- No handshakes, fist bumps, etc. after the game.

Referee Responsibilities:

- OSAA/OHA/ODE guidance currently does not require masks for individuals officiating a competitive sport that requires a high level of physical exertion by the official, including basketball. However, our Youth Rec referees grades 3rd-8th will be required to mask up since exertion does not reach that high level defined by the agencies.
- Maintain physical distancing at all times, prior, as much as possible during, and after all games.
- Sanitize the ball before tip off, at halftime and at the end of each game.
- As much as possible, referees should refrain from touching the ball during inbounds, free throws and turnovers.
- Ensure all appropriate individuals in the gym are wearing masks.
- Help direct people to use the back door when exiting the facility.
- No handshakes, fist bumps, etc. after the game.
- Immediately notify TYBA in the event that you test positive for Covid-19, are experiencing symptoms, have been exposed to COVID-19 and are awaiting test results.

General Guidelines

Vaccine Policy

Per current TTSD policy, full vaccination is strongly advised, but not required for coaches, referees and participants who are eligible. TYBA will follow the guidance from TTSD regarding unvaccinated individuals and enforce a self-monitoring/reporting process for them. That process will consist of a self checklist to be completed prior to entering a TTSD facility and engaging with TYBA participants. Any documentation must be maintained for at least 14 days before destruction. This policy is subject to change in guidance from state and county health agencies.

IF REQUIRED: Vaccination requirement dates to be determined by TTSD taking into account dosage schedules from the drug manufacturer. TYBA will comply with any changes in TTSD vaccine policy.

Mask Expectations (per [August 31 OSAA Letter](#) to Superintendents, Principals and Athletic Directors):

Players are not required to wear a mask indoors when practicing or playing a competitive sport at any level. Students not actively participating (i.e., on the sideline during an indoor competition, etc.) are required to wear a mask.

Coaches and support staff, regardless of vaccination status, are required to wear a mask during indoor practices and competitions. This includes weight training regardless of location.

Spectators (5 years or older) are required to wear a mask, regardless of vaccination status, at indoor practices and competitions.

Hygiene and Respiratory Etiquette:

TYBA will reinforce appropriate hygiene and respiratory etiquette through signage, parent/athlete education and use of hand sanitizer. Individuals with any signs or symptoms of Covid-19 will not attend practices or competitions. Frequently touched surfaces on the court or playing surfaces will be cleaned and disinfected by the coach or designated individual between uses as much as possible.

Practices:

Coaches will be required to maintain a team roster for each practice and track player attendance.

Ten minutes prior to practice start times, coaches will line up their teams outside of the TTSD facility to perform temperature checks and complete the daily health assessment. After this safety check is complete, coaches will enter with players, in masks, and head directly to their assigned courts. Upon completion of practice, coaches will line up their players, in masks, and exit the TTSD facility. Practices will be closed to parents/spectators. If available, an entrance door and a separate exit door will be identified.

Coaches will be provided with medical grade digital thermometers, hand sanitizer and a generous supply of masks.

Coaches will be provided with TYBA COVID Questionnaires to be completed prior to each practice. (Questionnaire is the standard CDC questionnaire used at all TTSD facility entrances for indoor competitions).

While on TTSD property, coaches are responsible for all persons in their respective gym. TYBA will provide a 5-minute buffer between each scheduled practice to allow teams to exit the gym before the next team enters. Coaches will keep their players together outside until cleared to enter the gym.

Players are not allowed in the gym without a coach. Parents are not allowed in the gym during practice unless approved by TYBA.

Anyone not adhering to the established OHA and TTSD guidelines will be removed from the facility and reported accordingly.

Game Day:

Coaches will be required to maintain a team roster for every home and away game. Prior to each game, coaches will perform temperature checks, provide hand sanitizer, and ensure the daily health questions have been answered. Coaches are also responsible for ensuring the opposing team has a roster on hand to help with contact tracing if necessary. TYBA will take the lead and coordinate any and all contact tracing activities with the support and guidance of TTSD. TYBA is responsible for providing all personal contact information for any potential exposure from either team. Again, exposure is defined as within 6' for more than 15 minutes accumulated over a 24 hour period. Teams will need to wait outside the gym until participants and spectators from the previous contest have cleared the premises.

Any violations will be reported to the designated TTSD Gym Monitor. In order to allow for social distancing, TYBA will establish a 1 player/1 parent policy for each home game. For Byrom and Bridgeport Elementary schools, TYBA will set a capacity limit at 20 parents and place 20 folding chairs on the spectator sideline 3' apart. No standing will be allowed in these gyms to support social distancing guidelines. Roster records for both teams must be maintained for a minimum of 2 weeks before destruction.

If the gym has a back door, coaches and officials are to direct all in attendance to exit that way to avoid any bottlenecks in the main entry.

Any positive Covid diagnoses must be immediately reported to TYBA.

COVID Response and Quarantine Protocol:

TYBA is required to exclude coaches, officials or players from participation whom they have reason to suspect have been exposed to COVID-19. We will follow the [quarantine/exclusion policy](#) in use by TTSD. Return to play must be approved and documented by a medical professional and TYBA will accept the same release documentation used by TTSD. Any player approved to return to school can also return to play.

All TYBA parents/guardians will report if the player or any household contact is exhibiting any signs or symptoms of COVID-19 or tests positive for SARS-CoV-2, even if asymptomatic. These athletes will be held out of ALL practices and games until the CDC Recommended isolation or quarantine period has expired, which typically is 14 days or a negative test is produced. If a test result for SARS-CoV-2 is positive, TTSD will be notified so contact tracing and appropriate quarantining can be performed. No individual will attend any TYBA sports function as a spectator if they are exhibiting signs or symptoms of COVID-19 or are currently in quarantine for an exposure. Any person in violation of the posted TTSD facilities policy, not only risk being removed from game, but also may force the game to shut down.

Rapid COVID tests (Binax) are available at the school-based health clinics at both Tualatin and Tigard high schools for any student in the district.

Important Resources:

[TTSD COVID Response Protocol](#)

[TTSD COVID Communicable Disease Plan 2021-22](#)

[ODE COVID-19 Exclusion Summary Chart](#)

[OHA 333-019-1025 Masking Requirements for Indoor and Outdoor Spaces](#)

[OSAA August 31, 2021 Memo to Schools](#)